

YOUNG ADULT'S JOB LIST

DEVELOP GOOD HABITS THAT WILL LAST A LIFETIME!

MASTER



**SHIN'S
MARTIAL ARTS**

Student Name: _____

GOALS

Set & Plan My Daily/Weekly/Monthly/Yearly Goals

Work Toward Achieving A Goals

Goal Achieved!!!

* _____

Check only completed jobs

S	M	T	W	T	F	S

SELF-CARE

Stretch _____ Minutes

Practice Taekwondo at Home.

Do My Chores without being asked

Keep my room neat

* _____

S	M	T	W	T	F	S

SCHOOL

Complete homework

Did I work hard & take pride in my lessons today?

Remember: Lunch money, notes from teachers & library books

Did I treat my classmates & teachers with respect?

* _____

S	M	T	W	T	F	S

FAMILY

Pick up all personal belongings around the house and put away

Clean up after meals & snacks

Did I treat my family with love & respect?

* _____

S	M	T	W	T	F	S

At the end of a week of doing your jobs, turn this paper in to receive an Attitude Stripe

***Use the blank spaces to fill in your special jobs**

Inspected by: _____

Parent/guardian